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Coronary Artery Fistulae: Indications For Treatment and Technical Considerations

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Abstract

Coronary artery fistulae is an uncommon cardiac condition. Trans catheter closure of fistula remains the treatment of choice. Due to the condition being very uncommon, individual experience remains limited. In the present article, we have described various aspects of coronary artery fistula and their management.

Key Words

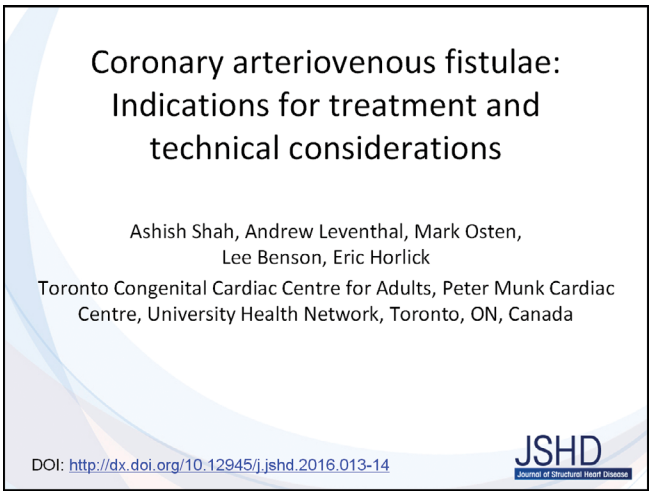
Coronary artery fistula • Transcatheter closure.

Introduction

Coronary artery fistulas (CAFs) are an uncommon cardiovascular anomaly characterized by a connection between a coronary artery and an adjacent vessel (coronary arteriovenous fistula) or a cardiac chamber (coronary-cameral fistula) without an intervening capillary network [1]. It is the result of a defect early in the development of the myocardium, prior to compaction, and leads to the persistence of sinusoids, resulting in a coronary-cameral fistula, whereas a defect at a later stage of development results in a CAF.

Incidence

The true incidence of CAFs is unknown, as the majority of patients remain clinically asymptomatic. Their presence may be suggested by an audible cardiac murmur, or by way of diagnostic imaging with either an echocardiogram or coronary angiography [2].



Slideshow. Click on the presentation above to view the presentation online. Please be aware that the presentation has many embedded videos so there is a long load time (127.4 MB). You may download the file at http://dx.doi.org/10.12945/j.jshd.2016.013.14.ppt.01.

The reported incidence is highly variable, ranging from 0.02 to 2.1%, depending on the modality of investigation [3]. In one series, an incidence of 2.1% was reported, but the majority of patients had left coronary artery to left ventricular micro-fistulae [4]. In a series of 126, 595 patients undergoing diagnostic coronary angiography, the incidence was 0.18%, and the majority were small and the patients were asymptomatic, suggesting that many of the CAFs were co-incidental findings [5]. In children, the incidence has been reported to be 0.06% from transthoracic echocardiography [6]. Interestingly, a review of literature between

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1994 and 2003 found only 236 pediatric and adult patients with CAFs [3]. These lesions can be associated with congenital heart disease, mainly with tetralogy of Fallot or pulmonary atresia [7, 8].

Site of Origin and Drainage

CAFs can arise anywhere in the coronary circulation, but nearly half come from the right coronary artery (RCA) (~51%), followed by the left coronary artery and its branches (~43%). In a small proportion of patients they originate from both coronaries (~5%). In the series reviewed here, nearly 90% of fistulas drained into the systemic venous circulation; the right ventricle (RV) (~41%), right atrium (RA) (~26%), pulmonary artery (PA) (~17%), coronary sinus (CS) (~7%), or superior vena cava (SVC) (~1%). CAFs have also been observed to drain into the left atrium (LA) (~5%) and left ventricle (LV) (~3%) [9]. In the majority of patients, the fistulas enter into their draining chamber/vessel through a single communicating channel, and a minority has multiple entry sites.

Etiologies and Types of CAFs

In the vast majority of patients, CAFs are present at birth, whereas trauma, myocardial biopsy, chest irradiation, and pacemaker implants can result in an acquired form. Angiographically, the fistulas can be described as proximal or distal, based upon their origin from the coronary artery. Proximal CAFs may be small or large, have single or multiple feeding vessels, originate from one or both coronaries, and are devoid of any nutritive branches. Distal fistulas are usually larger and have high flow [10]. There is no clear definition of what is considered a small, medium, or large fistula by measurement criteria. Generally, small fistulas are clinically silent and do not result in any long-term sequelae, whereas untreated large fistulas are more likely to be associated with myocardial ischemia/infarction, endocarditis, heart failure, rupture, and progressive dilation of the draining chamber/fistula [2].

Physiology of the CAF

Large CAFs result in (1) shunting of the blood from left to right side (in majority of patients), and (2) have the potential for a 'coronary-steal' phenomena, affecting blood flow to the myocardium supplied by the coronary artery distal to the origin of the fistula. These physiologic changes are influenced by the size of the fistula, pressure difference between the connecting chambers, and co-existence of coronary artery disease. In the only reported animal model (adult foxhounds) of a CAF, the circumflex (LCx) coronary artery was connected to the PA with a vein graft. Calculated mean flow through the fistula was 89 ml/min, resulting in Qp:Qs of 1.1:1. Increasing proximal coronary flow by 211% and producing a relative steal of 26% from the coronary artery distal to the fistulas [11]. Doppler wire assessment in a patient with a CAF demonstrated higher systolic and blunted diastolic flow-velocities, which normalized after successful closure [12].

Clinical Presentation & Differences Based upon Age Group

Analysis of data published between 1993 and 2004 on patients with CAF, demonstrated that 117/128 (91%) adult patients were symptomatic vs. 105/133 (79%) pediatric patients who were asymptomatic. Chest pain and dyspnea were the most common symptoms (71%), but patients also presented with palpitations (6.5%), fatigue (6.5%), pre-syncope/syncope (5.6%), congestive heart failure (3%), pulmonary hypertension, fistula thrombosis, and rarely rupture or infective endocarditis. An auscultatory finding of a murmur (continuous, systolic or diastolic) was a common physical sign (40%). The fistulas can grow in size over time and result in symptoms if left untreated. Spontaneous closure and infective endocarditis were more common in the pediatric age group, whereas aneurysmal dilation (14%), spontaneous rupture (4%), and co-existing coronary artery disease (19%) were seen mainly in adult patients [3].

Indication for Treatment and Risk Management

Our understanding of the natural history of patients with CAFs is significantly limited. According to the American College of Cardiology congenital guidelines, patients with large CAFs should be considered for surgical or transcatheter closure (TCC) irrespective

of symptoms (Class I, level of evidence C). Additionally, patients with small to moderate fistula, in the presence of documented evidence of myocardial ischemia, arrhythmia, unexplained ventricular dilation or dysfunction, should also be treated with transcatheter or surgical closure [13]. Small fistulas can usually be left untreated and in some cases have been reported to close spontaneously [14]. Alternatively, patients with intermediate sized CAF can be followed with regular surveillance by echocardiogram or CT angiography, and treated if there is evidence of new-onset symptoms, ischemia or progressive dilation. Merely identification of a CAF does not necessitate treatment.

Treatment Options

The first successful surgical repair of a CAF was performed in 1956, and was the only treatment option until 1983, when TCC became a viable alternative [15, 16]. Surgical repair remains the treatment of choice for fistulas that are not suitable for TCC as well as in those undergoing surgical repair of other cardiac conditions, for example, congenital cardiac defect repair or coronary artery bypass surgery. Although surgical closure is a relatively low risk procedure, it is associated with inherent risk involved with the surgery. The TCC approach was first used in 1983 using a detachable balloon system [17], and over the years, various closure devices have become readily available, including coils, and vascular plugs. Choice of the device is based upon the size of the fistula, site of device delivery, required catheter size and length. Over the last three decades, TCC has become the preferred treatment option. The risks involved with the procedure include:

- Occluding coronary branches with the device,
- Embolization of clot from the occluded branch,
- Propagation of clot,
- Dissection of coronary artery due to catheter or device manipulation, and
- Arrhythmias

Technical Aspects of the CAF Closure

TCC of CAFs is a technically challenging procedure, and as the number of procedures performed is small, individual experience remains limited. The decision to treat a CAF should be based upon various factors including: the patient's age, symptoms, fistula size, possibility of progression or rupture, the origin and termination of the fistula, the number of feeding vessels, risk to viable myocardium, risk of residual vessel thrombosis, likelihood of success, and available resources including experience, devices, and personnel. Surgical consultation, specifically for large distal fistulas should almost always be obtained, especially if interventional experience is limited.

Utilization of other imaging modalities in addition to coronary angiography has proven useful for anatomical characterization and can aid strategizing the technical aspects of the procedure. Contrast-enhanced CT is a noninvasive and accurate imaging technique for the detection of CAFs. Multidetector CT has been shown to provide high-resolution anatomic images, and it allows evaluation of aneurysmal dilation or thrombus formation in the vessel. Volume-rendered images acquired from 3D CT data sets provide excellent overviews of the cardiac and vascular anatomy and can help the interventionist or surgeon understand the anatomical complexity.

An operator may choose either an antegrade (via venous circulation) or retrograde (via coronary circulation) approach. Retrograde approaches may be challenging due to anatomy, angulation, kinking, size of the delivery sheath required, and potential risk to coronaries vessels. TCC of proximal CAFs can be performed through a retrograde approach, whereas the same approach for closure of large and especially distal fistulas may be challenging. Delivering a device or coil into the distal part of the coronary circulation, which is likely to be tortuous, requires supportive catheters. Using a larger sized catheter or a catheter in a 'mother-child' format (telescoping) offers good support, but catheter length may be inadequate, especially in those with distal and tortuous lesions, or if the patient is very tall. In such cases antegrade approaches through the venous side would be preferred, although catheter engagement from the venous side can be challenging. Formation of an arterio-venous (AV) loop, where the fistula is wired from the coronary artery and then exteriorized on the venous side (with the help of snare) can be a useful strategy (cross one-way and close the other-way).

In the present article, we will review technical aspects of the TCC of CAFs by outlining various

procedures we have performed over last few years.

Need for Larger Catheter

Blood flows at high velocity in large CAFs, and to opacify such vasculature, large volumes of contrast are required. Injecting through either 5 or 6 French (Fr.) sized catheter may not be adequate, and large caliber catheters may be required. As demonstrated here, a large CAF originating from the LCx artery is difficult to opacify with injection through 6 Fr. catheter (Figure 1A). Although an 8 Fr. catheter delineates the CAF better (Figure 1B), it failed to demonstrate the distal branches. The vessels were visualized only when distal part of the CAF was occluded with balloon wedge catheter inserted from the venous side over the AV loop (Figure 1C). Presence of a marker catheter in aorta may help with sizing the CAF (Figure 1D), if auto isocenter is not available on the angiographic equipment for calibration.

Retrograde Approach

A CAF originating from the proximal part of the coronary artery can be successfully treated through a retrograde approach. A 72-year-old man presented with chest pain and elevated troponin levels. An echocardiogram demonstrated inferior wall hypokinesia, and coronary angiography demonstrated no flow limiting coronary artery disease. There was a medium sized CAF originating from the RCA (Figure 2A & B). We treated this fistula using a retrograde approach with an Amplatz left (AL) 0.75-guide catheter and positioned a Renegrade® micro-catheter (Boston Scientific, Marlborough, Massachusetts, USA) over a Pilot® 50 guide wire into the fistula. We estimated the fistula diameter to be approximately 4 mm, so first of all we delivered a 5 mm × 15 cm IDC® platinum, interlock detachable coil (Boston Scientific Inc., USA). As there was residual flow, we delivered two further coils measuring 3 mm × 12 cm to close the fistula (Figure 2C & D). Adequate catheter support was very important, and

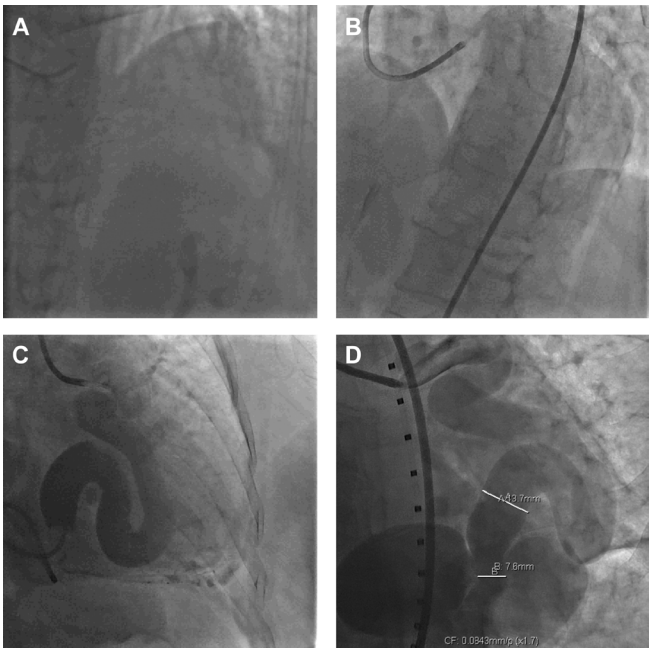

Figure 1. Large CAF – Large catheters. *Panel A.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.01. *Panel B.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.02. *Panel C.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.03. *Panel D.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.04.

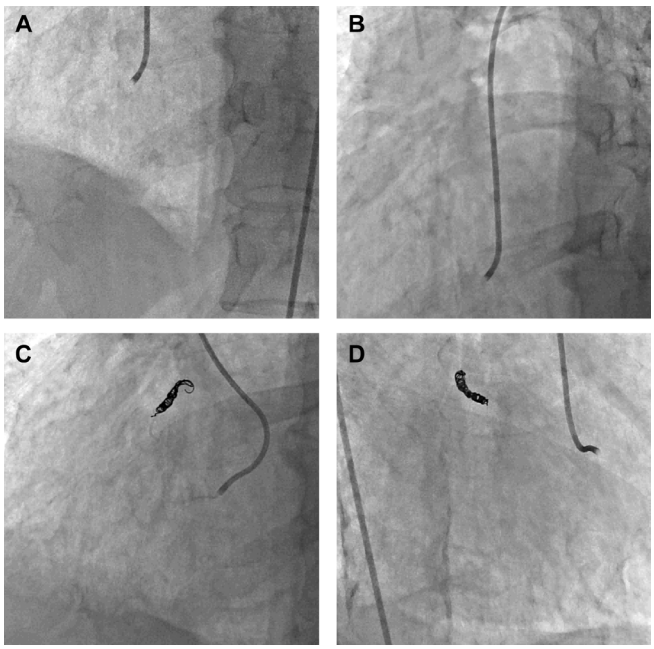

Figure 2. Retrograde approach. *Panel A.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.05. *Panel B.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.06. *Panel C.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.07. *Panel D.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.08.

as one can see here the catheter was pushed out of the RCA despite using an AL guide that are known to be very supportive. We initially chose coils that were nearly 25% larger in diameter than the CAF, followed by smaller diameter coils to fill up residual gaps until flow was compromised. In the present case, there was some residual sluggish flow at the end of the procedure that was very likely to stop completely over the next few days.

Antegrade Approach

A 54-year-old man presented with a symptomatic large CAF originating from the LCx draining into SVC. We used a 7 Fr. JL4 guide catheter to opacify the CAF. There was gross dilation of the left main and the proximal LCx. The left anterior descending (LAD) artery could not be well visualized due to the high flow state towards the LCx artery (Figure 3A). We used a system consisting of a soft glide exchange wire, a 4 Fr. GlideCath®, a 6 Fr. multipurpose coronary guide catheter, and the Agilis® sheath (St. Jude Medical Inc., USA) (Figure 3B & C). This allowed us to make progress with a 6 Fr. guide catheter to deliver a 12-mm Amplatz Vascular Plug® II, to successfully occlude the fistula (Figure 3D).

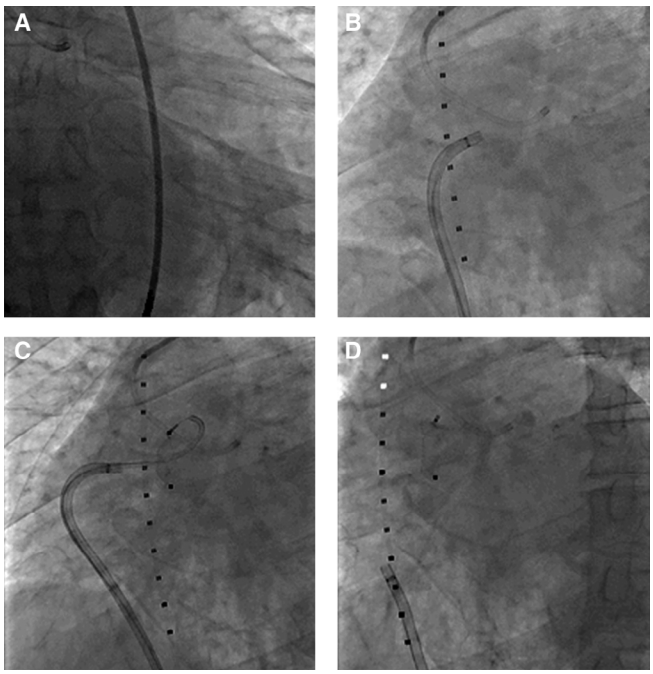

Figure 3. Antegrade closure. *Panel A.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.09. *Panel B.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.10. *Panel C.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.11. *Panel D.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.12

This case demonstrates that if the connection of the fistula on the venous side can be clearly observed, it is possible to perform the TCC from the venous side with help of supportive sheaths and catheters, without need for AV loop formation.

Arterio-Venous Loop Formation

TCC of large-sized distal CAFs requires closure device and/or coils to be delivered distally, which can be extremely challenging, and on occasion be better performed through an antegrade approach. Cannulation of the draining end of the CAF is challenging, due to difficulty in precise localization and angulation. An AV loop may assist overcoming these challenges. Figure 4A-D demonstrates a patient with a giant CAF originating from the LCx artery, draining into the CS (Figure 4A). The landing site for the device was very distal and we decided to deliver the device through an antegrade approach, over an AV loop. We used an 8 Fr. guide catheter to obtain adequate support and initially used 0.035-inch soft Glidewire® (Terumo Interventional System, Japan), which just looped but did not exit the CS (Figure 4B). We then used a 300-cm exchange length Prowater® guide wire supported by a Finecross® micro-catheter (Terumo Interventional System, Japan) to traverse through CS into the RA, where it was snared and exteriorized via the femoral vein (Figure 4C & D). We advanced a 7 Fr. balloon wedge catheter through the venous side into the distal part of the fistula (Figure 4E). With the balloon inflated, we obtained much better images of the left coronary system, and could appreciate a distal branch (Figure 4F). Then we delivered the balloon wedge catheter into the left main coronary artery and introduced it into the nose of an 8 Fr. guiding catheter (kissing catheter technique) (Figure 4G). This allowed us to exchange a coronary wire for a 260-cm Glidewire® to form an AV loop (Figure 4H). We engaged a 6 Fr. AGA® delivery system, from the venous side into the mid LCx (Figure 4I & J). We chose

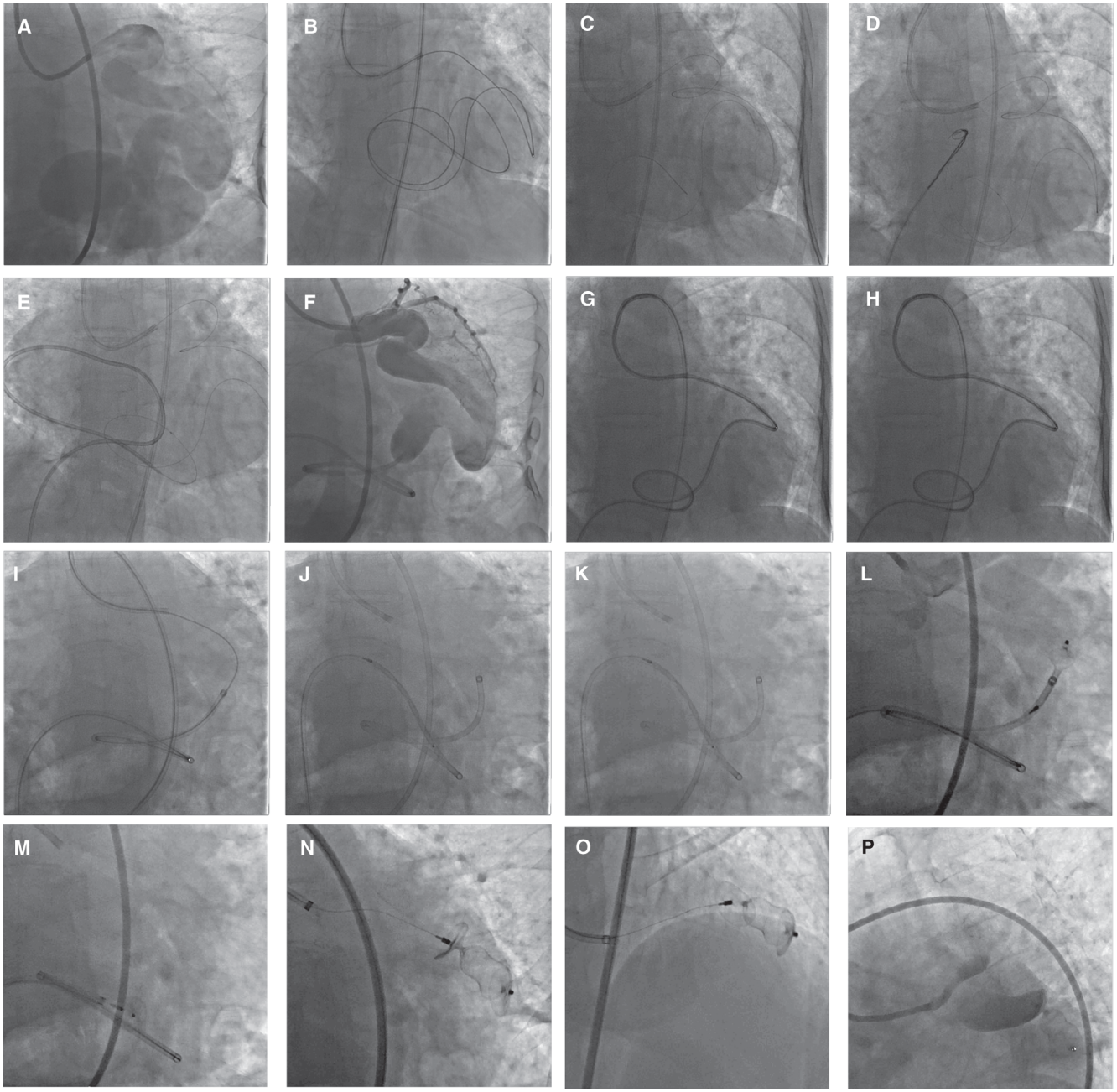

Figure 4. Arterio-venous. *Panel A.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.13. *Panel B.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.14. *Panel C.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.15. *Panel D.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.16. *Panel E.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.17. *Panel F.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.18. *Panel G.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.19. *Panel H.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.20. *Panel I.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.21. *Panel J.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.22. *Panel K.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.23. *Panel L.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.24. *Panel M.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.25. *Panel N.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.26. *Panel O.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.27. *Panel P.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.28.

to place a 12-mm Amplatzer Vascular Plug® in the middle portion of the fistula, as we calculated the distal fistula to be approximately 10 mm in diameter. The CS had multiple loops, resulting in poor torque control and an inability to precisely withdraw the catheter slowly. The device slipped back into the CS (Figure 4M). We then changed our strategy to a retrograde approach, due to the difficulty we encountered with the previous attempt. We once again made an AV loop, as demonstrated above and passed an 8 Fr. AGA® delivery system up to the mid LCx over the stiff exchange length Glidewire® to deliver an 18-mm Amplatzer Vascular Plug II® to successfully close the fistula (Figure 4N & P). As there was a branch originating beyond the site of occlusion, we left the device attached for about 15 minutes and released it only when patient remained asymptomatic and there were no changes on electrocardiogram.

This case highlights the complexities involved in closing large and tortuous CAFs, even through venous side. Often, 0.035-inch wires are used to make an AV loop to offer increased support for larger delivery sheaths. Waiting for a while before releasing the device, to assess for evidence of myocardial ischemia was important. The device could have been retrieved, if the patient had any chest pain or the ECG demonstrated ischemic changes.

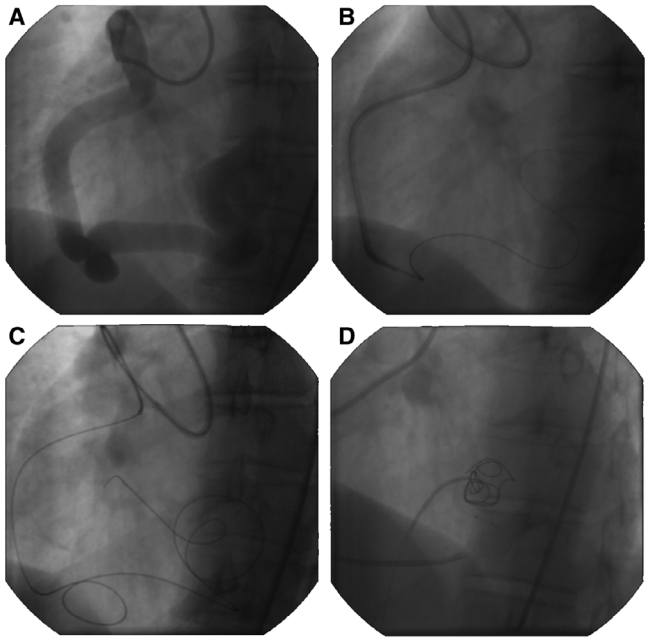

Figure 5. Retrograde approach – AV loop. *Panel A.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.29. *Panel B.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.30. *Panel C.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.31. *Panel D.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.32.

Retrograde Approach with an AV Loop

Here we demonstrate a large distal fistula from the RCA to the CS. Diagnostic angiography was performed using a 6 Fr. AL2® guide (Figure 5A). An initial attempt of using 5 Fr. balloon wedge catheter over a wire into the distal RCA failed (Figure 5B), so we used an 8 Fr. AL2® guide and 5 Fr. multipurpose catheter in a 'mother-child' format into the distal RCA. We used a 0.035-inch exchange length Glidewire® via the multipurpose catheter to exit the CS into the RA (Figure 5C). From there, it was snared and exteriorized through the femoral vein. We failed to advance any guide catheter through venous side into the CS, even using a kissing catheter technique over an AV loop. Eventually we advanced a 6 Fr. coronary guide catheter over the AV loop into the distal RCA from the retrograde approach, using the kissing catheter technique with a 4 Fr. SlipCath® in the inferior vena cava extending into the CS. Once we were satisfied with the guide catheter position in the distal RCA, we used a 150-cm Microferret® catheter (Obex, Auckland, New Zealand) to deliver platinum embolization coils to successfully occlude the flow. The catheter was kept stabilized in the distal RCA with help of an AV loop (Figure 5D).

Percutaneous Coronary Intervention Training

TCC of CAFs is a challenging coronary intervention that can result in coronary complications. Having percutaneous coronary interventional expertise not only offers additional skills to perform the procedure, but also is advantageous in managing complications. Anomalous coronary origins are not uncommon, and sometimes finding a catheter that offers adequate engagement and support is a challenge. The case below demonstrates the importance of a broad range of interventional cardiology skills training.

Case

A 55-year-old female presented with worsening exertional dyspnea. She was found to have two separate CAFs originating from proximal part of the RCA that had an anomalous origin and intra-arterial course. It was very difficult to obtain adequate catheter engagement, necessary for the procedure. We started with what we thought was going to be the best guide, an AL2®; however, this sat poorly on the aortic valve and kept prolapsing (Figure 6A). We tried a number of different guides; eventually, a JL® 3.0 guide engaged in the RCA ostium, although the support it offered remained poor (Figure 6B). The catheter prolapsed at the time of attempted coiling (Figure 6C). Using coils that can be retracted in such circumstances is very helpful. So, we placed a Prowater® coronary guide wire into the distal RCA, as an anchor wire to stabilize the catheter position (Figure 6D). This oriented the guide better and allowed us to use a Renegade® micro-catheter (Boston Scientific Inc., USA) over a Pilot® 50 wire (Abbott Vascular Inc., USA) to enter the distal fistula. We deployed four platinum

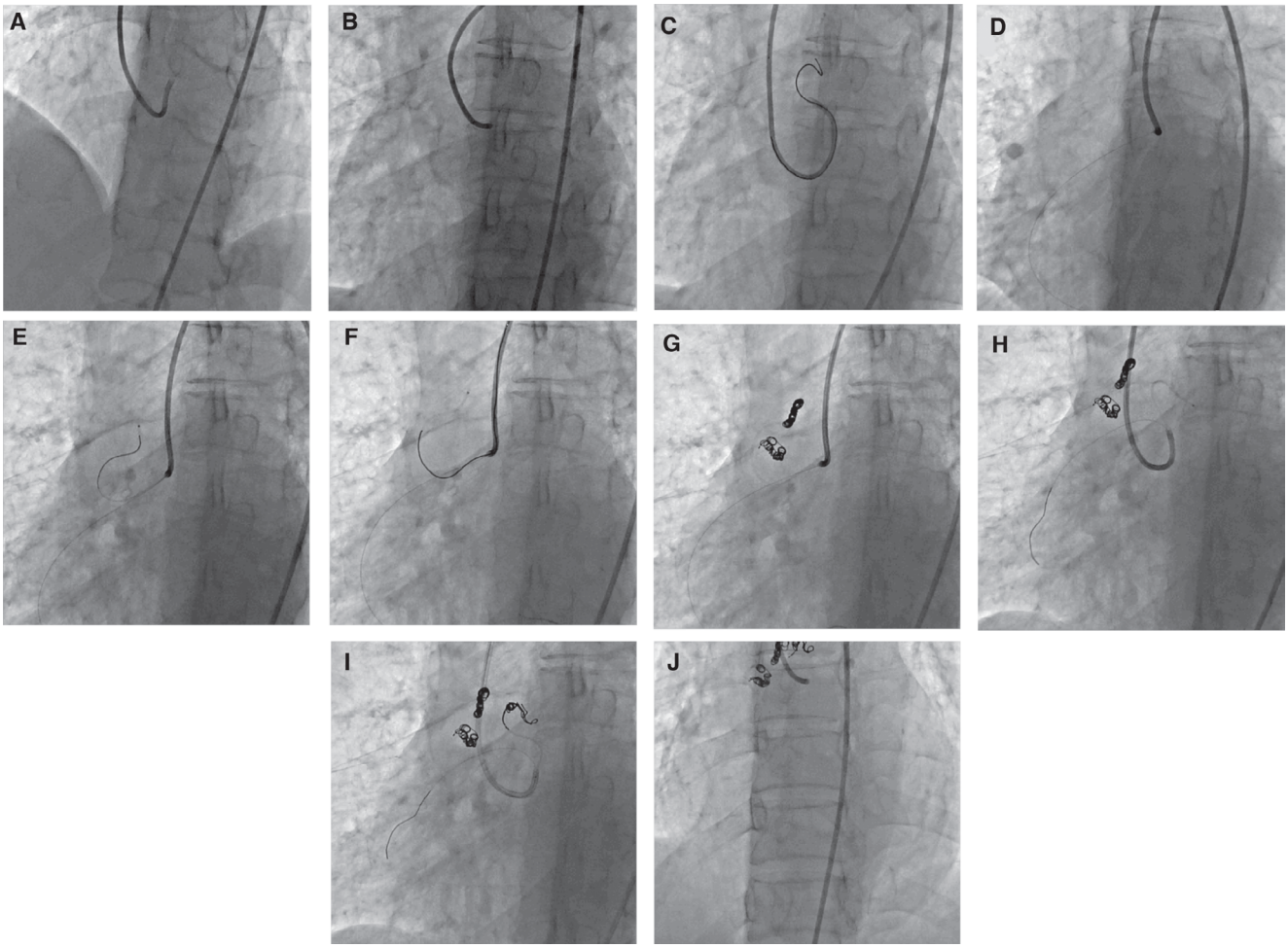

Figure 6. Important to have percutaneous coronary intervention skills. *Panel A.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.33. *Panel B.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.34. *Panel C.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.35. *Panel D.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.36 *Panel E.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.37. *Panel F.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.38. *Panel G.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.39. *Panel H.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.40. *Panel I.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.41. *Panel J.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.42.

interlock detachable IDC® coils measuring 3 mm × 10 cm to successfully close the CAF (Figure 6E & G). We then repositioned the guide allowing it to point upwards so we could wire the very proximal fistula. We were able to get the micro-catheter just proximal to the origin of the aneurysmal segment and deployed further IDC® coils, to successfully occlude all the fistulas (Figure 6H-J). The anchor wire helped us stabilize the guiding catheter position to achieve the final result.

Multiple Coronary Artery Fistulas

The majority of CAFs have a single feeding vessel but multiple feeding vessels are not rare (Figure 7A). Defining fistula branches and noting where they come off the coronary circulation is very important to understand before embarking on closure. As demonstrated in this case, it is important to systemically target as many feeding branches as possible to allow for vessel occlusion (Figure 7E & F).

Complications

TCC of CAF is the treatment of choice today, with success rates at par with surgically performed procedures, but with lower morbidity and mortality [1, 18]. Commonly encountered complications during TCC are as below,

Branch Occlusion

It is critical to adequately visualize distal branches which may be occluded or at risk of occlusion during the procedure. If a significant branch is at risk of occlusion, one should carefully consider the risk and benefits of the procedure.

ECG Changes and Arrhythmias

Careful monitoring of the 12 lead ECG during test occlusion and device deployment is critical to maintain safety. Our normal practice is to observe patients for the first 48 hours after fistula closure in a closely monitored environment, prior to considering for step-down. We do not anti-coagulate proximal fistulae, but routinely use heparin intra-operatively and warfarin after closure for large distal fistulae, where stasis may occur after successful occlusion.

Device Embolization

Coils and devices used to close CAF may dislodge and embolize at the time of deployment in a large fistula, due to high velocity flow. In a majority of reported cases coils could be retrieved, and no immediate complication were reported [19, 20].

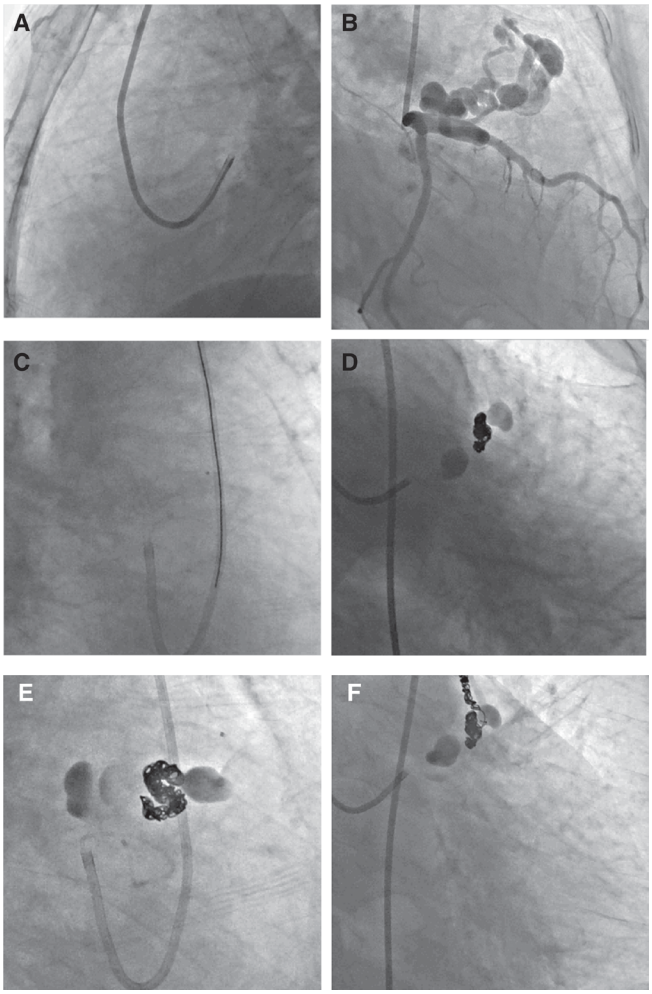

Figure 7. Multiple CAF. *Panel A.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.43. *Panel B.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.44. *Panel C.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.45. *Panel D.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.46. *Panel E.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.47. *Panel F.* View supplementary video at http://dx.doi.org/10.12945/j.jshd.2016.013.14.vid.48.

Fistula Thrombosis

Complete closure of large CAFs results in a *cul-de-sac* within the vasculature with stagnant blood flow and poor native vessel runoff, creating an environment for thrombus formation. In a series of 16 patients, distal type, large-sized fistula and old age at the time of presentation were considered high risk factors leading to coronary thrombosis after CAF closure [21].

Thrombus Embolization

Thrombus formation proximal to the device is not uncommon. In some cases, thrombus can propagate proximally and embolize into adjacent coronary vasculature, resulting in ischemic complications. We believe this is more likely to happen, if coils or devices are deployed into the very proximal part of the CAF. It is important to deploy the implants far from branches of coronary arteries to prevent thrombus embolization. Our preferred strategy is to deliver device through an antegrade approach.

Myocardial Ischemia and Infarction

Myocardial damage at the time of a TCC is often multifactorial. Compromise of flow in branches of the coronaries beyond the point of occlusion is the most common cause. Thrombus formation proximal to the occlusion point can propagate or embolize into proximal branches. Device, catheter, and wire passage at the time of the procedure can damage coronary vasculature [20]. One should keep close watch for such potential complications, especially when tortuosity requires aggressive techniques. Sequential troponin measurement and transthoracic echocardiograms after CAF closure can be valuable to assess possible myocardial damage. There should be a very low threshold for performing repeat coronary angiography, if there are any concerns with myocardial ischemia.

Long-Term Follow Up and Unanswered Questions

Follow up after successful surgical or percutaneous closure of the CAF has been reported in a few case series with small numbers. In most series, patients have been followed only clinically and they have been found to be asymptomatic. Residual leaks, thrombosis of the CAF, myocardial ischemia/myocardial infarction, persistent coronary dilatation, and death have been reported after initially successful percutaneous CAF closure [18, 21-23].

Angiographic follow up at 1.5 years in a group of patients who have undergone TCC demonstrated 44% of the patients had recanalization of the fistulae and half underwent re-intervention to achieve complete TCC, suggesting angiographic follow-up may be necessary in this cohort [24]. There is very limited long-term angiographic and clinical follow up data in the literature. It is not clear whether CAF closure results in prognostic benefit to the majority of these patients.

Take Home Message

- Adults are more symptomatic than children with CAF.
- Adults are more prone to rupture and atherosclerotic disease.
- Large CAF and symptomatic patients should be considered for closure procedure.
- Small CAF and those with atypical symptoms should not be considered for closure.
- CAF closure is not a routinely performed procedure.
- Surgical consultation should always be obtained.
- It is rare to find a significant Qp:Qs with CAF.
- Fully anticoagulate patients to avoid thrombotic complications.
- Plan a 'tailor-made' strategy for each individual case.
- Make sure to have various devices on the shelf.
- Necessary to have angioplasty skills readily available (yourself or a colleague).
- Be gentle with devices to avoid coronary complications.
- Careful evaluation for any potential complication before closing the case.
- Low threshold for repeat angiography if there is recurrence of symptoms, ECG changes, or new onset regional wall motion abnormality.

- Limited evidence is available on long-term outcome and prognostic benefit of the closure procedure.

Conflict of Interest

The authors have no conflict of interest relevant to this publication.

Comment on this Article or Ask a Question

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